FREE SELF-ASSESSMENT

Are You Ready *for 2027?*

A 5-MINUTE CHECK-IN



Circle one number per statement based on where you are today.

1 = Not yet 2 = In progress 3 = In place

CLARITY			
I can name what matters most to me in early 2027.	**1**	**2**	**3**
I can name what has been getting in the way.	**1**	**2**	**3**
CAPACITY			
I have a realistic sense of what my schedule can hold.	**1**	**2**	**3**
I know one commitment I can scale back, delegate, or release.	**1**	**2**	**3**
SUPPORT			
I know who I can ask for practical help or accountability.	**1**	**2**	**3**
I can make a specific request for the support I need.	**1**	**2**	**3**
FOLLOW-THROUGH			
I can name one action I can take in the first week of January.	**1**	**2**	**3**
I have a time, place, or cue that will help me follow through.	**1**	**2**	**3**

Make your next right move.

Add the two answers in each category. Each category ranges from 2 to 6. Start with your lowest score. If two scores tie, pick the area where a small change would help you most this week.

Clarity ____ Capacity ____ Support ____ Follow-through ____

2–3 / Start here

Give this area some attention. Pick one change small enough to make this week.

4–5 / Strengthen it

Name what is already working and choose one way to make it easier to repeat.

6 / Protect what works

Identify the habit, boundary, or person helping you keep this area steady.

The area I'm focusing on and what's blocking me

One action I can take in the next seven days

When I'll do it and what support I'll ask for

Try the Holiday Wind-Down guide for space to think and pray before you decide.